

## The Essential Guide To Cultivating Mushrooms Simple And Advanced Techniques For Growing Shiitake Oyster Lions Mane And Maitake Mushrooms At Home

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The Essential Guide to Cultivating Mushrooms: Simple and Advanced Techniques for Growing Shiitake, Oyster, Lion's Mane, and Maitake Mushrooms at Home eBook: Russell, Stephen: Amazon.co.uk: Kindle Store

### The Essential Guide to Cultivating Mushrooms: Simple and ...

The Essential Guide to Cultivating Mushrooms Book Description : From the basics of using mushroom kits to working with grain spawn, liquid cultures, and fruiting chambers, Stephen Russell covers everything you need to know to produce mouthwatering shiitakes, oysters, lion's manes, maitakes, and portobellos.

### [PDF] The Essential Guide To Cultivating Mushrooms ...

The Essential Guide to Cultivating Mushrooms: Simple and Advanced Techniques for Growing Shiitake, Lion's Mane, Oyster, and Maitake Mushrooms at Home by Stephen Russell (Storey Publishing 2014) (635.8). This is an extremely easy-to-use guide to the cultivation of mushrooms.

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The essential guide to cultivating mushrooms : simple and advanced techniques for growing shiitake, oyster, lion's mane, and maitake mushrooms at home Russell , Stephen D With clear instructions and step-by-step photographs, this comprehensive guide shows you how to cultivate mushrooms in your own home, producing shiitakes, oysters, lion's manes, maitakes, and portabellas for your kitchen or for a small business.

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Part 1 includes four chapters—Getting to Know Mushrooms (a brief primer including some biology, human uses of mushrooms, an overview of the cultivation process, and summary information about the four mushrooms mentioned in the book's subtitle); Basic Growing Options (including ready-to-grow kits, using pre-made grain and plug spawn, growing on logs, and using spore or liquid culture syringes for inoculation); Combating Contaminants (the importance of sterile technique and a summary of ...

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