

The Art Of Sensual Massage

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The art of seduction | Seema Anand | TEDxEaling [The Art Of Sensual Massage](#)
The Malaysian-born Taiwanese auteur Tsai Ming-liang and his frequent onscreen muse, Lee Kang-sheng, have made one of their most deeply moving works.

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Now in its fiftieth printing with over a million copies sold, this is the world's most popular massage book. Written in a reassuring and intimate style and lavishly photographed, it takes you every step of the way through a complete body massage.

A massage therapist teaches the art of touching and being touched in an illustrated guide that includes recipes for oils and aromatherapy guaranteed to help partners rediscover one another

Press Here! Sensual Massage for Beginners is an introductory guide to practicing the art of sensual massage, with yourself and/or a partner—learn through beautiful illustrations, step-by-step instruction, and expert advice. Sexuality is an integral part of your health and self-development. Whether you are single, dating, or already in a relationship, spending quality time exploring the nature of your own and a partner's sexual pleasure and expression through touch can increase your satisfaction, confidence, and bonding while reducing stress. With this guide, learn how to create a unique and satisfying sensual massage experience, including:

- How to use communication to create a safe space and honestly share desires
- Using breath and focus to slow down
- How to create different sensations with your hands
- A demystifying and non-shaming breakdown of the anatomy of arousal (often left out of traditional sex education)
- Creating a sensual space with oils, aromatherapy, toys, and props
- A guided practice model for trying a full body sensual massage either alone or with a partner
- Add sensual massage to your self-care routine or bonding time with a partner to improve your overall well-being with

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Here! Sensual Massage for Beginners. The Press Here! series offers contemporary takes on traditional hands-on healing practices for a new generation of practitioners. These introductory guides feature easy-to-access organization, clear instructions, and beautiful illustrations of each technique. Other Press Here! topics include massage, Kama Sutra, reiki, reflexology, chakras, face workouts, and acupressure.

Warm up a luxurious massage oil, arouse the senses with seductive fragrances, and communicate desire with the intimate, erotic act of massage. Full-color photos show how to work each area of the body, from the top of the head to the tips of the toes, and turn any massage into a beautifully sensual experience. See how to set the scene with atmospheric lighting and sound; master the strokes that will leave someone sighing with ecstasy; and use different textures and sensations to enhance the massage, including fabrics, feathers, and ice cubes. Separate sections explain what's just right for pampering a man or a woman, and a sensual oils aromatherapy chart presents a variety of fragrant options to choose from.

Over two million people discovered the joy of easy relaxation and sensuality in Gordon Inkeles groundbreaking books *The Art Of Sensual Massage* and *The New Massage*. 20 years later he has selected his all-time favourite massage techniques to provide a sensual feast of the strokes that everyone loves. Written in a reassuring and intimate tone, lavishly illustrated and beautifully designed, *The New Sensual Massage* ensures readers can start massaging in a single evening.

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With over one million copies sold The Art of Sensual Massage is the world's most popular massage book. This edition is packaged with more than three hours of video massage on three award winning DVDs: The Art of Sensual Massage, Sensual Massage Made Simple and Sensual Massage Master Strokes. Readers can watch a stroke on screen then read about it in the book and try it for themselves.

Pocket-sized guide to performing sensual massage. Encourages intimacy through nurturing and exploring one another by touch. Discusses techniques, creating mood and your own sacred space, which oils to use and how to use massage to enrich a physical relationship. Includes bibliography.

This is a video of pleasure, as warm and sensual as massage itself. Discover how to give pleasure with your hands. No special ability is needed. No great knowledge of anatomy or unusual techniques. A warm quiet place and a bottle of scented oil are all that are required to spread pleasure inch by inch. The award winning Classic Art of Sensual Massage presents the most comprehensive, complete body massage available. It offers health, relaxation, sensuality and pleasure. Step-by-step instructions guide you through a complete body massage. It's so easy you can start massaging in one evening. Soothe away modern day stresses and experience new levels of strength, relaxation and well-being.

Offering your partner the sensual pleasure of a massage brings special feelings of satisfaction. Do it with skill, passion, and creativity with these intimate, beautiful photos and instructions.

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Learn the different strokes (effleurage, petrissage, friction, others), and when and how to use each one. Vary your touch to make it loving, erotic, or playful. Give the 20-minute relaxing massage or indulge in a longer, stimulating one where senses heighten and bodies make full contact. "Mix romance with relaxation or upgrade your seduction skills."--www.HoneyMag.com.

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