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3.71 · Rating details · 56 ratings · 12 reviews Giving up dessert is

no fun, so health-savvy folks have long tried to find ways to satisfy a sweet tooth. But so many Paleo – style desserts are complicated, with long lists of hard-to-find ingredients.

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Here are some of my favorites from the book- Breakfast Blender

Doughnuts for ONE (P.34). Deconstructed S'mores French Toast for ONE (P.42). Frosted Cinnamon Roll Bake for ONE (P.62).

Strawberry Shortcake for ONE (P.74). Deep Dish Skillet Brownie for ONE (P.86). Mini Confetti Cookies for ONE ...

COOKBOOK - The Big Man's World

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Make something sweet the moment the craving hits, from foods that
are already in the cabinet.

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